



Maia Chapter

November 18, 2025

5:45 - 7:30 p.m.

Kellogg Eye Center

1000 Wall Street, Ann Arbor

Brehm Tower, Main Entrance

5th Floor, Room 5050



Mindset Reset: Reframe Challenges, Build Confidence, Seize Opportunities

Presented by

Lisa Harvey Roach

President and Founder

Wisdom Consulting

How often do you find yourself saying, “I can’t,” when what you really mean is, “I don’t think I can.” The barrier isn’t your ability, it’s your mindset. Shifting from a fixed mindset to a growth mindset can be a game-changer for your personal and professional success.

In this interactive 45-minute session, you’ll explore how reframing your thoughts transforms obstacles into opportunities. You’ll gain 5 practical skills to help you challenge yourself with limiting beliefs, strengthen resilience, and build the confidence to thrive, even in uncertain or demanding times.

Your talents and abilities are not set in stone. With effort, education, and persistence, they can grow and expand in ways you never imagined. This seminar will challenge you to rise above self-doubt, reset your mindset, and embrace bold new possibilities for success.

Registration fee: \$10.00

This will be a Hybrid meeting (both in-person and on Zoom)

Participate in-person for networking (bring your own snack)

or join the meeting virtually via Zoom!

You will receive the Zoom meeting link after registering.

Please Register here: <https://www.abwa-maia.org/events>



BELIEVE. BELONG. BECOME.

American Business Women's Association